

**ABSTRACT Submission for ISPS 2024 Conference, <https://confedent.eventsair.com/isps-2024/>**

June 5th-8th 2024 at Dipoli, Aalto University, Helsinki, Metropolitan Area, City of Espoo

NEED ADAPTED CARE FOR PSYCHOSIS – THE POWER OF HUMAN INTERACTION

**Workshop (90 minutes) for theme 4.2, Family Members' Experience**

**Learning Objective of my submission :**

As cares required for curing patients of mental illnesses are not reimbursed by National Health Insurances, yet, families must manage a delicate Quality/Price approach to get their child cured.

**Abstract :**

**Understanding and Managing the Journey to Cure Mental Illnesses**

Luc De Bry, Ph.D.

Co-Founder of ASBL EspéranceS : <https://esperances.org>  
Waverstraat 52 - BE-2860 Sint-Katelijne-Waver - Belgium  
Email: [luc.de.bry@skynet.be](mailto:luc.de.bry@skynet.be)

Our son had multiple diagnoses - highly depressive, psychotic, schizophrenic, autistic, anorexic, agoraphobic and obsessive-compulsive disorder. On our way to understand what is happening to him, our family has been confronted to two psychiatries : first, to the dogmatic institutional psychiatry of incurability, and then to the "Pro-Curing" paradigm shift represented by social psychiatry.

Having discovered innovative curing approaches of social psychiatry, e.g. Soteria, InterVoice, Open Dialogue, Healing Homes, the Secret Language, AutismOne, etc, we realised that the various forms of madness affecting children, teenagers and young adults are symptoms caused by an accumulation of childhood and adolescent traumas that have programmed a "hyper-negativity" into the brain of sufferers, constantly devaluing them and driving them mad.

Managing the journey for helping sufferers to heal from this hyper-negativity, i.e. the illness to cure, involves a chaotic 5-stage journey relying on brain neuroplasticity and rewiring for ensuring their rebirth to life. During the journey, hallucinations and anger must be expressed, not repressed.

After 5 years of research, followed by 7 years involving 1500 therapy sessions combining therapies not reimbursed by our Insurance, our son felt 85% cured and he started full time university studies in September 2023. For his resilience, overcoming institutional psychiatry hostile to curing, hats off to him.

Applying activity-based-costing highlights that to cure patients of their mental illnesses is profitable for everyone involved, i.e. patients, families, friends, professionals, super-rich shareholders of industries, including big-pharma, and taxpayers. Next step : to get a novel Law for organising these curing therapies.

**Biographical sketch :**

Dr. Luc De Bry grew up for 19 years in Central Africa. He obtained his PhD at the Free University of Brussels, Belgium. He worked for multinational industries. He applied his research skills to get his son cured from mental illnesses. He is now a volunteer helping other concerned families.