

Dialogical Practices and Open Dialogue Training Paris 2025/ 2026

Level 1

2025

Block I

September 15 to 18

Trainers:

Cecília Villares

Alexandra Moreira

Sofia Calcena

Jaakko Seikkula

Russel Razaque

Program:

- Day 15 - Presentation (and co-construction) of the proposal
Introduction of the participants/ Expectations
The potential of dialogue in human life
- Day 16 - Listening and responsiveness in clinical practice: dialogical stance towards mental health problems
Reflective Processes
Polyphony
Presentation of the research result: ODDESSI (Open Dialogue – Development and Evaluation of a Social network intervention for Severe mental Illness) study, which started in 2017 in the UK, to assess clinical- and cost-effectiveness of Open Dialogue interventions as compared to Treatment as Usual (TAU).
- Day 17 - Philosophical and epistemological bases of Dialogical Practices and Open Dialogue
Principles and key elements of the Open Dialogue approach and their applicability in local practices I
- Day18 - The Key Elements in practical contexts

Block 2

November 18 to 21

Trainers:

Jaakko Seikkula

Pavel Nepustil

Alexandra Moreira

- Day 18 - Building support networks in crisis situations
Dialogue in crisis situations
- Day 19 - Working with people experiencing psychosis

Dialogic Meetings - dialogue generation & dialogic skills

- Day 20 - Habits & Dialogue: Re-thinking addiction
- Day 21 - Open Dialogue and addiction: same language?
Live session with a family

2026

Block 3

January 19 to 20

Rocio Recalde

Leticia Rodrigues

- Day 19 - Dialogical practices with children and adolescents in different contexts: families and institutions
- Day 20 - Dialogical team skills and network building practices in the context of childhood. Processes of foster care/family reintegration/violence and deinstitutionalization.

Block 4

February 9 to 11

Trainers:

Alexandra

Cecilia

Sofia

- Presentations FOT I - Seminar (Family of Origin of the Therapist)

Block 5

March 2 to 5

Trainers

Kari Valtane

Eija- Liisa

- Day 2 - Open Dialogue and child/adolescent psychiatry.
Medicalization in this context
- Day 3 - Working collaboratively with young people, their families and other networks; multi-professional cooperation, service development.
- Day 4 - Family live session
Couple Therapy and Dialogical Practices
- Day 5 - Working with couples/families from a dialogical perspective: how have I experienced it?

Block 6

April 23 -24

Trainers

Alexandra

Cecilia

Sofia

- Days 23 and 24 – Supervision

Block 7

May 18 -19

Trainer

Mia Kurtti

- Day 18 - Exploring professionals' own life narratives and the impact that these stories have on their current professional practice
- Day 19 - Development and challenges of building the Open Dialogue approach in the mental health service – my experience

Block 8

June 8 to 12

Trainers

Jaakko

Tom Arnkil

Alexandra

Cecilia

Sofia

- Day 8 - Open Dialogue Researches
- Day 9 - Dialogue cures – Why?
Live consulting team with Jaakko Seikulla
- Day 10 - Anticipatory Dialogues
- Day 11 - Practical Exercise – Teamwork and anticipatory dialogues
- Day 12 – Evaluation and Closure

Price:

3800 Euros – professionals

2200 Euros – peer supporters

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