#### **Dialogical Practices and Open Dialogue Paris 2025/2026**

Level 2

2025

Block I

September 15 to 18

Trainers: Cecília Villares Alexandra Moreira Sofia Calcena Jaakko Seikkula

Program:

• Day 15 - Presentation of the second-year program

Contextualization of what has been done in the context of practice since the end of first level of training

• Day 16 - Aspects of teamwork Family live session

Presentation of the research result: ODDESSI (Open Dialogue – Development and Evaluation of a Social network intervention for Severe mental Illness) study, which started in 2017 in the UK, to assess clinical- and cost-effectiveness of Open Dialogue interventions as compared to Treatment as Usual (TAU).

• Days 17 and 18 - Supervision

Block 2 November 17 to 21

*Trainers:* Cecilia Villares Sofia Calcena Pavel Nepustil Alexandra Moreira

• Days 17, 18 and 19 - Presentations Seminar FOT 2 (Family of the origin of the Therapist)

- Day 20 Habits & Dialogue: Re-thinking addiction
- Day 21- Open Dialogue and addiction: same language? Live session with a family

#### 2026

#### Block 3

January 19 to 20

Trainer: Jaakko Seikkula

- Day 19 Embodiment
- Day 20 Team Consulting

#### Block 4

February 12 to 13

Trainers: Alexandra Cecilia Sofia

• Days 12 and 13 - Supervision

Block 5 March 2 to 5

*Trainers* Kari Valtane Eija- Liisa

- Day 2 Open Dialogue and child/adolescent psychiatry. Medicalization in this context
- Day 3 Working collaboratively with young people, their families and other networks; multi-professional cooperation, service development.
- Day 4 Family live session

Couple Therapy and Dialogical Practices

• Day 5 - Working with couples/families from a dialogical perspective: how have I experienced it?

### Block 6

April 20 -22

- *Trainers* Alexandra Cecilia Sofia
  - Presentations Seminar FOT 3

## Block 7

May 18 -19

## *Trainer* Mia Kurtti

- Day 18 Exploring professionals' own life narratives and the impact that these stories have on their current professional practice
- Day 19 Development and challenges of building the Open Dialogue approach in the mental health service my experience

# Block 8

June 8 to 12

Trainers Jaakko Tom Arnkil Alexandra Cecilia Sofia

- Days 8 and 9 Supervision
- Day 10 Anticipatory Dialogues
- Day 11 Practical Exercise: Teamwork and anticipatory dialogues
- Day 12 Evaluation and Closure

Price: 3800 Euros – professionals 2200 Euros – peer supporters e-mail: maeva.musso@gmail.com